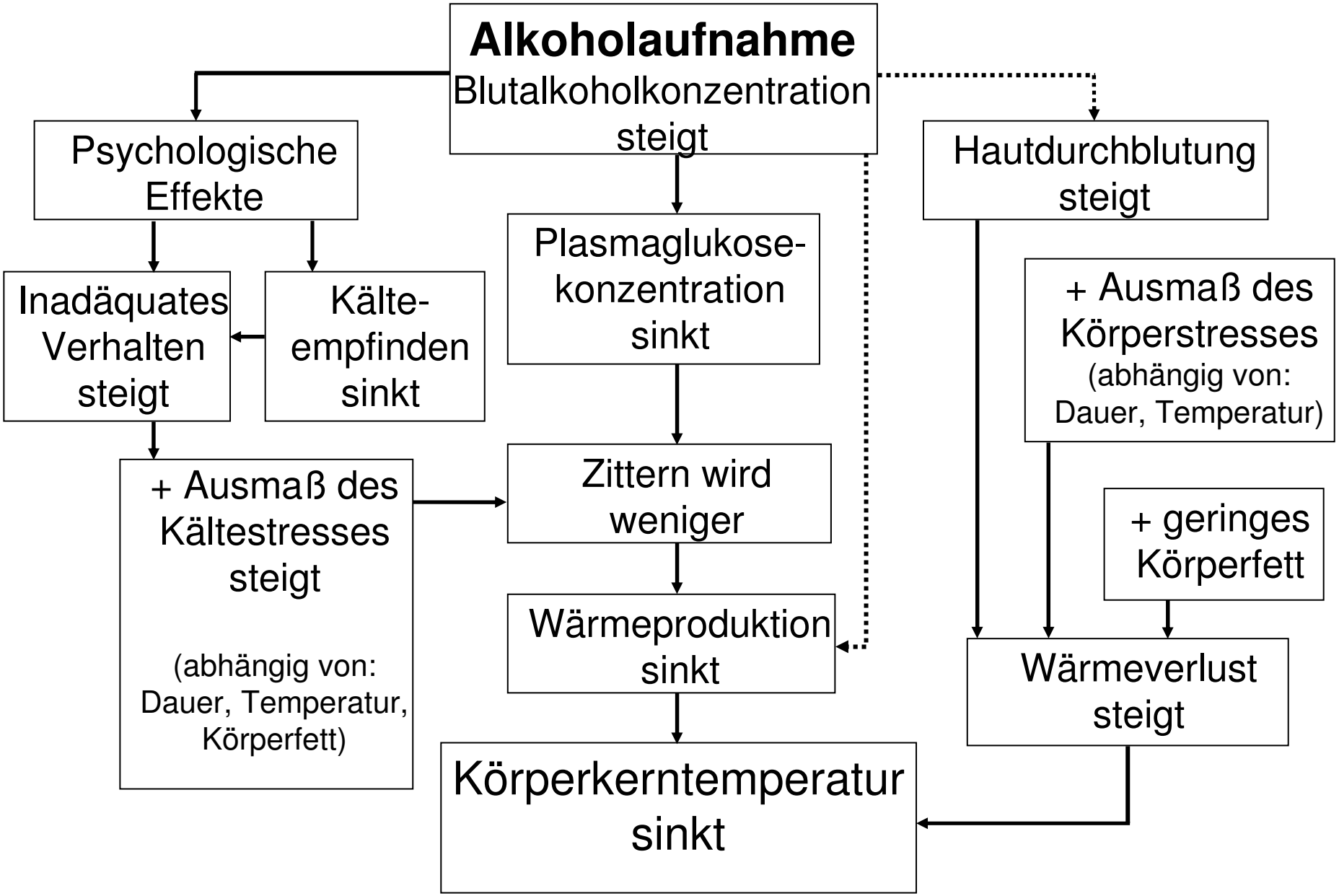Alkohol und Unterkühlung